

## Letter to Parents/Guardians

Dear Parents/Guardians,

This letter provides information about your child's school trip to Aspen Creek Outdoor School (ACOS) at Chapel Rock Camp and Conference Center located in Prescott, AZ.

The Aspen Creek Outdoor School is a residential outdoor education program that serves more than 5,000 students annually. Your child will be attending with classmates, teachers, and chaperones from their school, and they will be participating in a variety of engaging outdoor activities covering topics such as energy flow, skeletal structure, forest animals and plants, geocaching, shelter building, and team building.

The emphasis at Aspen Creek is on safety, fun, and education. Our first priority is your child's safety, and while there are inherent risks involved in being outdoors, we strive to mitigate those risks and prepare visitors for their experience. Check the weather forecast before packing for camp using the packing list on our website.

During your child's stay, supervision will be provided 24 hours a day. Students will be accompanied by chaperones in the cabins which are heated and have bathrooms and showers. Trained ACOS staff will be instructing students through an exploratory and activity-oriented curriculum. We strive for every student to have fun while participating in our program as an extension of the classroom learning environment.

A well-balanced menu will be provided by an experienced food service staff. Most dietary needs (food allergies, dietary needs) can be accommodated with advanced notice.

Every student and chaperone needs to fill out a waiver before arriving at camp. This waiver can be found using the following QR code or at this link: [Chapel Rock Waiver](#). You can also access the waiver at our website [chapelrock.net](http://chapelrock.net).



Please feel free to contact Aspen Creek or your child's school to obtain any more information about the program.

Sincerely,

Aspen Creek Outdoor School Staff

## Packing List

Although our cabins are temperature controlled, our program takes place in an outdoor environment. We will go inside during heavy rain or dangerous weather (lightning), but will later be outside to complete activities. Prescott, AZ is often about 20 degrees colder than the Phoenix area during the day and at night. Please check the weather before visiting us and pack accordingly. This is not a comprehensive list.

### Essentials:

- Refillable water bottle: Water stations are not always near our activities (such as the hike). Our staff will make sure to stop at refill stations throughout the day.
- Sleeping bag or sheets/blanket
- Pillow: We do not provide any linens, including pillows, sheets, or towels.
- Towel

### Clothing:

- Pants and/or shorts: Weather dependent. Attendees will get dirty.
- Outdoor tops: Such as t-shirts or light button ups.
- Warm wear: Such as a sweatshirt.
- Rain wear: Please pack a jacket when wet weather is forecasted.
- Underwear and socks: Extra socks and underwear to change into.
- Shoes: Participants need to have closed toe shoes to participate in our activities. A second pair of comfort shoes can be packed for cabin and meal times.
- Hat: Such as a ballcap during sunny weather or a beanie during cold weather.

### Toiletries:

- Towel: Just a reminder.
- Soap and shampoo: Our cabins have bathrooms with showers and hot water.
- Toothbrush and toothpaste
- Deodorant
- Sunscreen: We are outside throughout the day.

### Optional Items:

- Camera: Disposable or digital.
- Book and/or card game
- Sunglasses
- Lip Balm
- Binoculars
- Earplugs: 12 people sleeping in the same room can get loud.